

# SoCal REGIONAL ASSEMBLY AGENDA

---

Saturday January 9, 2021

To participate remotely, call in just before 9:30 a.m.

The Regional Assembly is open to all members of Nar-Anon

**\*\*9:15 a.m. Please login to Zoom before meeting begins**

9:30 a.m. Formal business meeting begins

## **To Join the Meeting**

SoCal Region is inviting you to a scheduled Zoom meeting.

Topic: SoCal Nar-Anon Assembly

Time: Oct 10, 2020 10:00 AM Pacific Time (US and Canada)

Join Zoom Meeting:

<https://us02web.zoom.us/j/5606110072?pwd=Y1htWncrLzFPUXBBWVM1QU1YaW1Edz09>

Meeting ID: 560 611 0072

Passcode: 374596812

One tap mobile

+16699006833,,5606110072#,,,,,0#,,374596812# US

Dial:

+1 669 900 6833 US (San Jose)

Meeting ID: 560 611 0072

Passcode: 374596812

---

The **Regional Assembly Sign-In Form** is attached in this package. Please tear it off, fill it out, and give it to our regional secretary.

**If you are a GSR, Alternate GSR, or Substitute GSR**, and this is the first Regional Assembly you have attended this calendar year (2020) in that service position, then please also tear off the **GSR Registration Form** fill it out, and give it to our regional secretary.

## ***Southern California Region – Nar-Anon***

*Email* [SoCalRegion@Nar-Anon.org](mailto:SoCalRegion@Nar-Anon.org)

*English* [www.naranonsocal.org/](http://www.naranonsocal.org/)

*Español* [www.naranonespanol.org/](http://www.naranonespanol.org/)

*Service* [sites.google.com/nar-anon.org/socalregion-rsc/](https://sites.google.com/nar-anon.org/socalregion-rsc/)

*World* [www.nar-anon.org/](http://www.nar-anon.org/)

The Nar-anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program – we offer our help by sharing our experience, strength, and hope.

Higher Power, guide me on my journey to peace and serenity.  
 Help me let go of self-will and turn my life over to your care.

. If you have suggestions or comments, please send an email to [SoCalRegion@nar-anon.org](mailto:SoCalRegion@nar-anon.org).

## 1. Opening

### Open with Prayer

- Announce that this business meeting is being recorded
- People connected remotely - please keep your phone on mute until you speak
- Everyone - please silence your cell phones during the meeting
- Ensure there is a secretary for this meeting
- Read Concepts of Service -

### Regional Service Committee

**Positions that currently vote in RSC Meetings** (voting members =8 quorum = 5)

Roll Call		Voting members present
-----------	--	------------------------

	<b>SCR Voting Members</b>	Present	Visitors	
Esther	Regional Chair			
open	Vice-Chair			
Trudi	Secretary			
open	Treasurer			
	<b>Sub-Committee Chairs</b>			
Interim-Trudi	Finance			
	*Guidelines			
	*Literature			
Ken	Narateen			
Dottie	Narathon			
	Outreach			
Gerber	Website			

	<b>Area Service Reps</b>			
Roxanne	Inland Empire			
Andrea	San Diego			
Angie	Delegate			
Ken	Alternate Delegate			
8	Registered voting members	Quorum =5		

- Are there any members here today attending for the first time in 2020?
- Please announce your name, your position, and your group.

**During Roll Call please announce your first name, position representing your group, or visitor.  
Each Group has only (1) vote - by GSR, Alternate GSR or Substitute.**

	<b>Southern California Region</b>		2020	
	<b>40 groups total (15 GSRs registered in 2020 *)</b>		<b>Quorum = _8_ (registered + 1)=</b>	
	<b>Los Angeles</b> (10 groups, GSRs in 2020)		<b>San Diego Area</b> (4 groups, GSR in 2020)	
	Beverly Hills		Carlsbad - Sunday	
	<b>*Chatsworth - Wednesday</b>		Escondido - Thursday	
	Culver City - Wednesday		SD/La Mesa - Tuesday	
	<b>* Lakewood - Friday</b>		<b>*Linda vista / San Diego</b>	
	<b>* Long Beach - Monday</b>			
	North Hollywood - Monday			
	<b>*San Gabriel - Thursday</b>		<b>North/Northwest</b> (5 groups, GSRs in 2020)	
	<b>* Torrance - Saturday</b>			
	Torrance - Thursday		Bakersfield - Friday	
	Whittier - Monday			
			Lancaster - Wednesday	
	<b>Farsi</b> (1 group, 0 GSRs in 2020)		<b>• Santa Clarita - Tuesday</b>	
	Encino - Monday (Farsi)			
			Thousand Oaks - Thursday	
	<b>Orange County</b> (6 groups, GSRs)			
	<b>* Brea/Fullerton - Wednesday</b>			

	Dana Point - Tuesday		<b>Spanish Meetings</b> (8 groups, GSRs in 2020)	
	<b>*Fountain Valley - Thursday</b>		Buena Park - Tuesday	
	<b>* Mission Viejo - Sunday</b>		<b>*Paramount - Monday</b>	
	Orange - Monday		<b>* Pico Rivera - M, T, W, Th, F</b>	
	San Juan Capistrano-Saturday		San Diego – Wednesday	
			Santa Ana E17 - M, T, Th	
	<b>Inland Empire Area</b> (9 groups, GSRs)		Santa Ana W17 - M, W, Th	
	Barstow - Sunday			
	<b>*Claremont-Monday</b>		Thousand Oaks - Thurs	
	<b>*Hesperia - Thursday</b>			
	Highland - Tuesday		<b>Group changes since prior Assembly:</b>	
	<b>*Moreno Valley - Tuesday</b>			
	Ontario - Thursday			
	Palm Desert			
	San Bernardino-Weds			
	Temecula - Monday			4

11

	2021
	Groups represented for the first time this year in this Assembly
	Groups represented in prior Assemblies this year
	Total number of groups registered this calendar year
	Quorum is 51% = (total registered groups) /2 (+1)
	Yes / No - Is a quorum present today?

2. Adoption of Minutes of the Prior Assembly – (10 voting members)

**Members read minutes before the meeting and advise of any errors or omissions**

- Please abstain if you were not present during that assembly
- Request a motion to adopt the minutes from the October 10, 2020 Assembly,

## **OPENING**

- Chair – Esther A
  - Secretary – Trudi C
  - Treasurer -
  - Finance report
- 

## **New Business**

### **Recommendations from RSC**

- Narathon Committee guidelines
- Donation of WS Conference \$ to WSO- (Approx \$3200.00)
- Donation for the Western Regions Convention - \$10.00-Zoom
- Assembly meetings recap for 2021
- Review of delegate and alternate positions
- Review Website proposal (final cost will be presented at assembly)
- Reminder of 7<sup>th</sup> tradition collections
- Need for service members – committees,

## **Action items from prior assembly**

- Google calendar for groups on Zoom – Gerber  
(To allow groups to use the region zoom account for monthly meetings)

## **Delegate/alternate delegate reports**

## **Events –**

Service Series – Jan 6 - Feb 13, 2021 –  
Western Regions Convention – Feb 20, 2021

## **Area Reports**

## **Sub Committee Reports**

## **Group Announcements**

### **Closing – Meeting adjourned at**

\_Next Assembly TBD - Zoom

- Motion to close this Regional Assembly
- Serenity Prayer

## SCR GROUP REGISTRATION

NAME \_\_\_\_\_

### CONTACT INFORMATION

EMAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

PHONE \_\_\_\_\_

MEETING LOCATION:

---

### GROUP

NAME \_\_\_\_\_

Have you registered with WSO?

Date

---

DAY \_\_\_\_\_ TIME \_\_\_\_\_

Other Contact Info \_\_\_\_\_

---

GSR (Name/email/phone)

---

Does the group wish to be registered with the So California Region? \_\_\_\_\_

Do you need any additional help from the region? \_\_\_\_\_

Have you attended Nar-Anon before? \_\_\_\_\_

Are you familiar with GLS/GWS \_\_\_\_\_ Steps \_\_\_\_\_ Traditions \_\_\_\_\_

Name & contact info for GSR \_\_\_\_\_

Are you interested in being part of an area? \_\_\_\_\_

\*\*Suggestion – Please stay in contact with your area/region. If for any reasons your group does not continue, at any time, your extra literature can be donated to another group.

\*Please keep your meeting information current with area/region/WSO.

Southern California Region - email - [SoCalRegion@Nar-Anon.org](mailto:SoCalRegion@Nar-Anon.org)

## REGIONAL ASSEMBLY SIGN-IN FORM

Please fill out this form every time you attend an Assembly  
 Either give the form to the Regional Secretary, or email it to [SoCalRegion@Nar-Anon.org](mailto:SoCalRegion@Nar-Anon.org)

<b>TODAY'S DATE</b>	
<b>FIRST NAME</b>	
<b>LAST NAME</b>	
<b>EMAIL ADDRESS</b>	
<b>CELL PHONE</b>	<b>HOME PHONE</b>
<b>MEETING DAY</b>	<b>MEETING TIME</b>
<b>MEETING CITY</b>	<b>AREA</b>

**What is your service position? (Check all that apply)**

<input type="checkbox"/> GSR	<input type="checkbox"/> Alternate GSR	<input type="checkbox"/> Substitute GSR
<input type="checkbox"/> Regional Officer	<input type="checkbox"/> Committee Chair	<input type="checkbox"/> Area Chair / ASR
<input type="checkbox"/> Delegate	<input type="checkbox"/> Alternate Delegate	<input type="checkbox"/> Interested Member
<input type="checkbox"/> Guest	<input type="checkbox"/> Other _____	

<https://drive.google.com/file/d/1sWGf0YRQmI3RjCOvVmjZ1tv8i0eRLCrX>



## GSR REGISTRATION FORM

Please fill out this form for the first Assembly you attend in a calendar year  
Either give the form to the Regional Secretary, or email it to [SoCalRegion@Nar-Anon.org](mailto:SoCalRegion@Nar-Anon.org)

<b>TODAY'S DATE</b>	
<b>FIRST NAME</b>	
<b>LAST NAME</b>	
<b>EMAIL ADDRESS</b>	
<b>CELL PHONE</b>	<b>HOME PHONE</b>
<b>MEETING DAY</b>	<b>MEETING TIME</b>
<b>MEETING CITY</b>	<b>AREA NAME</b>

<i>What is your position?</i>		
<input type="checkbox"/> <b>GSR</b>	<input type="checkbox"/> <b>Alternate GSR</b>	<input type="checkbox"/> <b>Substitute GSR</b>

<i>Are you a new GSR or Alternate?</i>	
<b>EFFECTIVE DATE OF YOUR SERVICE</b>	
<b>PREVIOUS GSR NAME</b>	
<b>SUBMITTED BY: NEW GSR NAME</b>	
<b>SIGNATURE</b>	

<i>Are you a Substitute GSR for today?</i>	
<b>EFFECTIVE DATE OF SUBSTITUTION</b>	
<b>REGULAR GSR NAME</b>	
<b>SUBMITTED BY: SUBSTITUTE NAME</b>	
<b>SIGNATURE</b>	

<https://drive.google.com/file/d/1mXrLODEjawB2ymRulxqgamRKyihOTBBL>